

Blue Plate Diner

120 Elton Hills Dr NW, Rochester, MN 55901



fresh coffee. good food.

entree salads

**greens and mandarin salad with
tuna salad** 13.50

tossed salad with chicken salad 13.50

**greens and mandarin salad
with chicken salad** 13.50

**tossed salad with grilled
chicken** 13.50

tossed salad with tuna salad 13.50

**greens and mandarin salad
with grilled chicken** 13.50

**greens and mandarin salad no
meat** 11.00

spinach tomato muenster salad 11.00

soup and bread

soup and bread 6.00

quart of soup and bread 12.00
serves 3-4

blue plate diner sandwiches

*served with one side: fries or fruit, add soup or salad for an
additional cost.*

**panko fried chicken breast
sandwich** 13.50

*choice of fries or fruit, add soup or salad for an
additional cost.*

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croissant deli sandwiches

grilled chicken breast sandwich 13.50
choice of fries or fruit, add soup or salad for an additional cost.

avocado swiss grilled chicken breast sandwich 15.50
choice of fries or fruit, add soup or salad for an additional cost.

bacon swiss grilled chicken breast sandwich 15.50
choice of fries or fruit, add soup or salad for an additional cost.

moms grilled cheese 11.00
cheddar and mozzarella, choice of fries or fruit, add soup or salad for an additional cost.

grilled ham and cheddar 13.50
grilled ham and cheddar cheese - tasty goodness! choice of fries or fruit, add soup or salad for an additional cost.

grilled tuna melt 13.50
choice of fries or fruit, add soup or salad for an additional cost.

grilled tomato, pesto and muenster sandwich 13.50
choice of fries or fruit, add soup or salad for an additional cost.

classic blt 12.00
bread, bacon, lettuce and tomato classic with basil mayo and choice of fries or fruit, add soup or salad for an additional cost.

turkey breast blt 13.00
choice of fries or fruit, add soup or salad for an additional cost.

sriracha chicken wrap 13.00
crispy chicken with lettuce and tomato, choice of fries or fruit, add soup or salad for an additional cost.

crispy chicken caesar wrap 13.00
choice of fries or fruit, add soup or salad for an additional cost.

pan fried walleye sandwich 18.00
choice of fries or fruit, add soup or salad for an additional cost.

philly beef sandwich 18.00
choice of fries or fruit, add soup or salad for an additional cost.

sriracha brisket sandwich 17.00
choice of fries or fruit, add soup or salad for an additional cost.

patty melt 12.50
choice of fries or fruit, add soup or salad for an additional cost.

basically good burger 11.00
6 oz fresh beef, choice of fries or fruit, add soup or salad for an additional cost.

bacon cheddar burger 15.00
6 oz, choice of fries or fruit, add soup or salad for an additional cost.

avocado blt 14.00
blt with avocado, choice of fries or fruit, add soup or salad for additional cost.

turkey avocado blt 15.00
blt with avocado, choice of fries or fruit, add soup or salad for additional cost

cheeseburger 12.50
1/2 pound with cheddar and choice of fries or fruit, add soup or salad for additional cost

roast beef sandwich 17.00
choice of fries or fruit, add soup or salad for additional cost

croissant deli sandwiches

vegetarian deli sandwich 13.00
cold sandwich; on house crossaint

turkey and swiss deli sandwich 13.00
cold sandwich; on house crossaint

ham and cheddar deli sandwich 13.00
on house crossaint

chicken salad deli sandwich 13.00
cold sandwich; on house crossaint

tuna salad sandwich 13.00
cold sandwich; on house crossaint

quesadillas

chicken quesadilla 12.00
with salsa and sour cream, choice of fries or fruit, add soup or salad for additional \$1

cheese quesadilla 11.00
choice of fries or fruit, add soup or salad for additional \$1

margherita quesadilla 12.00

black bean, avocado and mozzarella quesadilla 14.00
choice of fries or fruit, add soup or salad for additional \$1

bakery

biscuit 2.75

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bakery

plain bagel 2.75
butterd and grilled + cream cheese or peanut butter
for .75c

banana bread 2.75

brownie 2.75

jumbo pecan roll 3.50

jumbo cinnamon roll 3.25

cookie chocolate chip 1.80

cookie coffee 1.80

butter croissant 2.50

muffin blueberry 3.25

muffin chai carrot cake 3.25

**scone raspberry white
chocolate** 3.00

**scone blueberry white
chocolate** 3.00

double berry bar 3.00

**strawberry cream cheese
croissant** 3.50

chocolate avalanche croissant 3.50

bakery

muffin chocolate 3.25

muffin pumpkin 3.25

muffin pistachio 3.25

donut chocolate ganache 1.80

donut brown butter maple 1.80

bread pudding 4.00

apple caramel bread pudding 4.00

pecan roll regular 3.50

dinner rolls 2 1.00

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all day breakfast

biscuits and gravy and 2 eggs 12.00

country breakfast 16.00
biscuits and gravy, 2 eggs, panko chicken breast

breakfast poutine 11.00
sausage gravy, tater tots, cheese and two eggs

big breakfast burrito 9.50
scrambled eggs, tater tots, and choice of protein

**avocado toast breakfast with
eggs** 10.00
avocado toast and 2 eggs

huevos rancheros 15.00
andouille and black bean, 2 eggs, avocado on tortilla

cajun hash 15.00
andouille sausage, peppers, onions, potato, 2 eggs,
cheese and toast.

roast beef hash and eggs 16.50
with 2 eggs and toast

omelets

three egg omelets, include toast and choice of potato, fruit or
salad

denver omelet 12.00
ham, onions, peppers, cheddar cheese and choice of
breakfast potatoes or fruit.

ham and cheddar omelet 11.56
cheddar cheese and choice of breakfast potatoes or
fruit.

new orleans omelet 12.00
andouille, onions, peppers and cheese

vegetable omelet 12.00
spinach, mushrooms and tomatoes and cheddar
cheese and choice of breakfast potatoes or fruit.

cheddar omelet 10.00
cheddar cheese and choice of breakfast potatoes or
fruit.

organic egg cheddar sandwich

egg and cheddar sandwich 6.50
choice of bread: wheat, white, wrap, bagel or biscuit

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organic egg cheddar sandwich

egg and cheddar protein sandwich 9.50
choice of bread: wheat, white, wrap, bagel or biscuit

additional breakfasts

pancake platter 14.00
2 pancakes, 2 eggs, and choice of protein

buttermilk pancakes (2) 9.50

caramel pecan french toast 9.50

caramel pecan french toast platter with eggs 14.00
2 eggs and protein

french toast 9.50

french toast platter 14.00
2 eggs and protein

organic oatmeal 5.50
made with skim milk, includes one topping

vegetable and cheese quiche 10.00

ham and cheddar quiche 11.00

elvis sandwich 6.50
grilled sandwich with peanut butter and banana

elvis deluxe 8.00
peanut butter, banana and bacon

egg platters

made with organic eggs

2 eggs, potato, protein and toast 11.00

2 eggs, potato toast 8.50

breakfast basics sides

seasonal fruit 5.50

add avocado (1/2) 2.25

side of potatoes 3.50

peanut butter 1.00

cream cheese 1.00

ala carte egg 2.25

side ham steak 5.00

side bacon(2) 3.50

side sausage patties (2) 3.50

side vegetarian black bean patty 4.00

side of butter toast 2.75
wheat or white

buttered and grilled bagel 3.00

breakfast basics sides

side of sausage gravy 6.00

side of fries 4.00

side of tater tots 4.00

add extra pancake 6.00

side salad 6.00

catering drinks

catering sandwich only 11.00

joe to go brewed coffee 18.00
includes 12 - 12 oz cups

joe to go - iced tea 17.00
includes 12 - 12 oz cups